

**Course:** OAL210M and NM–Management and Administration of Outdoor Programs  
**Credit:** 3 credit hours  
**Semester:** Fall 2026  
**Time:** Legacy Course  
**Instructor:** Tressa Barnes  
**Email:** Tressa.barnes@calvary.edu

***This course is offered in two formats: in-person and online. Students registered for in-person attend the classes in person, online students attend the classes via the online classroom. For both in-person and online students, assignments and interaction outside of the class period are done in the learning management system.***

## **I. DESCRIPTION**

Students explore principles and practices of developing, administrating, marketing, and managing outdoor programs. Students receive practical perspectives on current professional outdoor leadership standards, practices, risks, and minimizing risk liability. This course includes a capstone event at the end of the course where students will participate in managing an outdoor program.

## **II. OBJECTIVES**

### **A. General competencies to be achieved. You will:**

1. Begin to understand the historical significance of outdoor adventure and examine personal outdoor leadership skills and abilities.  
(Program Learning Outcomes: 1, 2, 3,4)  
(Assignment: C,D,E,G)
2. Know how to effectively communicate, plan, and implement procedures for outdoor activities and programs.  
(Program Learning Outcomes: 2,3,4,5)  
(Assignment: B,D,E,F,G)
3. Know how to discuss the role of values and ethics in outdoor leadership.  
(Program Learning Outcomes: 4,5)

(Assignment: D,E,F,G)

4. Learn about how to apply biblical leadership principles when conducting outdoor management.  
(Program Learning Outcomes: 1,2,3,4)  
(Assignment: B,C,D)
5. Understand and demonstrate decision making skills and formulate leadership styles for participation in the outdoors.  
(Program Learning Outcomes: 1,2,3,4,5)  
(Assignment: E,F,G)

**B. Specific competencies to be achieved. You will:**

1. The student will acquire foundational knowledge of outdoor adventure education to include; 3 purpose, heritage, breadth of profession, and understanding of leadership theory in outdoor management.  
(Program Learning Outcomes: 4 and 5)  
(Assignment: B,C,D)
2. The student will be able to discuss his/her personal recreational philosophy regarding outdoor management and programming.  
(Program Learning Outcomes: 2,4,5)  
(Assignment: D,F,G)
3. The student will be able to recognize and/or describe how to communicate effectively with campers and trekkers as well as how to use appropriate motivation techniques and biblical principles.  
(Program Learning Outcomes: 1, 2, 3)  
(Assignment: B,E,F)
4. The student will be able to recognize and/or describe the principles associated with decision making, and the steps to outdoor skill sets.  
(Program Learning Outcomes: 1, 4, 5)  
(Assignment: C,G,F)
5. The student will be able to learn overall expedition planning.  
(Program Learning Outcomes: 4 and 5)  
(Assignment: C, G, F)
6. The student will be able to use and apply safety and risk management techniques.  
(Program Learning Outcome: 1,2,3,4,5)  
(Assignment: D, F)

**III. MATERIALS**

- A. BIBLE** - The Bible is a required textbook in every course at Calvary University. To facilitate academic level study, students are required to use for assignments and research an English translation or version of the Bible based on formal equivalence (*meaning that the translation is generally word-for-word from the original languages*), including any of the following: New

American Standard (NASB, English Standard Version (ESV), New King James (NKJV), or King James (KJV). Other translations and versions based on dynamic equivalence (*paraphrases, and thought-for-thought translations like NLT and NIV*) may be used as supplemental sources. Please ask the professor if you have questions about a particular translation or version.

## **B. Textbooks**

Martin, B., Cashel, C., Wagstaff, M., & Breunig, M. *Outdoor Leadership: Theory and Practice*. Champaign, IL: Human Kinetics. 2019. ISBN-13 : 978-1492514626. Retail Price: 64.95.

Dunning, Bruce. *God of Adventure: Exploring How God Teaches Through Adventure and Calls Us to Do the Same*. Essence Publishing. 2012. ISBN-13 : 978-1554527250. Retail Price: 22.38

## **C. Power point**

# **IV. REQUIREMENTS**

## **A. Writing**

1. All class papers must follow the APA Style 7th edition of the APA Publication Manual.
2. The Clark Academic Center ([learning@calvary.edu](mailto:learning@calvary.edu)) is dedicated to providing free academic assistance for Calvary University students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.
3. Plagiarism is defined as copying any content without identifying the source. This also includes taking another person's or AI entity's ideas or constructs and presenting them as your own. The use of AI generated content in student work is prohibited (even if cited) as it does not represent original work created by the student and is an unreliable aggregate of ideas from other sources. Plagiarism of any kind will not be tolerated.

## **B. Outdoor Leadership Paper**

1. The student will write a 5 page paper on the values and principles of outdoor leadership.
2. This paper will consist of the following:
  - a. 5 principles of leadership
  - b. How these principles can be applied to leading a group.
  - c. 3 strategies to help motivate those in the group overcome challenges.

## **C. Interview Paper**

1. The student will write a 5 page paper based on an interview with a camp director of their choice.

2. The student must submit 10 to 15 questions that they will ask the director with the paper.
3. The paper will consist of:
  - a. Administration of the camp
  - b. Management of outdoor programming
  - c. Director's strengths and weaknesses
  - d. Risk management and safety issues
  - e. Application of interview

**D. Expedition Plan of Action**

The student will write out an Expedition Plan.

1. Trip Purpose
2. PREPARE System
3. Logistics
4. Clothing
5. Equipment

**E. Required Reading**

The student will read required sections of the book and answer the assigned questions.

**F. Discussion Questions**

The student will be required to complete a discussion question each week and respond to two other classmates. These are reflective questions based on experiences within the weeks course content.

**G. Labs and Participation**

Each week will consist of participation in outdoor activities concerning skill sets. These will be assigned by the instructor and will pertain to each week's subject material.

**V. METHODS**

**A. Lectures, Textbook Reading, Interviews, and Research.**

**B. Grading**

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|-------------------------|------------|
| 1. Leadership Paper     | 100 Points |
| 2. Interview Paper      | 100 Points |
| 3. Expedition Paper     | 100 Points |
| 4. Discussion Questions | 50 Points  |
| 5. Reading              | 50 Points  |
| 6. Daily Labs           | 200 Points |

Total	650 Points
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## **VI. TENTATIVE SCHEDULE**

- Week 1: History of Outdoor Programming
- Week 2: Principles of Administration Management
- Week 3: Communication Skills/Motivation
- Week 4: Judgement and Decision Making in Outdoor Management
- Week 5: Facilitation of Activities Part 1
- Week 6: Facilitation of Activities Part 2
- Week 7: Expedition Planning
- Week 8: Safety and Risk Management

## **IX. Academic Statements:**

Students with disabilities have the responsibility of informing the Accommodations Support Coordinator ([aso@calvary.edu](mailto:aso@calvary.edu)) of any disabling condition that may require support.