

**Course:** CO245 D & N-D History of Psychological Systems  
**Credit:** 3 credit hours  
**Semester:** Spring 2026 (Session #2) (March 16<sup>th</sup>-May 8<sup>th</sup>)  
**Bdlg:** East Education #118  
**Time:** Monday & Friday. (9:30 am-10:50 am)  
**Instructor:** Dr. Luther Smith. MRS, MACP, Psy.D  
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## I. DESCRIPTION

An evaluative survey of major psychological systems, analyzing the concepts of principles of each system's theory of personality development. Emphasis is placed on providing a strong foundation of biblical truth, response to these theories, and guidance for recognizing and evaluating future theories. (Prerequisite: CO244)

*This is a blended class, meaning that both campus and online students take this class together. Campus students attend the classes in person, online students attend the classes via the online classroom. All interaction and assignments for campus and online students are done in the online classroom.*

## II. OBJECTIVES

### A. General competencies to be achieved. The student will:

1. The student will clearly understand what distinguishes secular from biblical counseling (PLO 1, 2, 6).
2. The student will understand the differences between the science of psychology and the theories of psychology (PLO 1, 2, 6).
3. The student will become acquainted with the background of popular theorists and the principles and concepts that underlay their theories (PLO 1, 2, 6).
4. The student will demonstrate the ability to articulate and communicate a psychological system, its assumptions about the nature of man, and the theoretical implications for counseling (PLO 1, 2, 6).

### B. Specific competencies to be achieved. The student will:

1. The student will understand how to analyze psychological systems through a biblical grid (PLO 1, 2, 3).

2. The student will demonstrate the ability to use biblical principles in case study observations and discussions (PLO 3).
3. The student will be able to present and discuss the influences that psychological systems have had and are having on the Christ's church (PLO 1, 6).
4. The student will be able to discern issues contemporary society is embracing and decide how God would have us respond when counselees are confronting those issues (PLO 3).
5. The student will develop a gospel-focused biblical counseling directory with Bible verses that will be useful to the student in their present and future counseling ministry(s) (PLO 3).

### III. REQUIREMENTS

#### A. Reading Assignments

1. **Reading Journals:** (Two (2) pages each) the student will write a **two (2) page Journal** following **each class** period that demonstrates a mastery of the reading assignment and class material and the student's personal reflection on what they read from the chapters in the book. The student will also need to demonstrate an ability to compare and contrast this information. Each journal will be due according to the course schedule. There will be a **total of six (6) journals**. Each journal will be worth 30 points (GC 1, 2, 3, 4; SC 1, 2, 3, 4, 5).
2. **History of Psych Discussion video:** **Note: You must have a webcam in order to complete this assignment.** Student will post a 5–10-minute response video (or audio response) with a discussion that is supplied by the instructor on Canvas. Each reflection and discussion will come from the information from the book and how it is related to the lectures covered in class. Each student will post a 3–5-minute reply video to at least two of their classmates. There will be a **total of six (6) discussions**. Each one will be worth 25 points (GC 1, 2, 3, 4; SC 1, 2, 3, 4, 5).

#### B. Written Assignments

1. **Quizzes:** There will be seven quizzes to prepare for. The quizzes will cover information from the lectures from the previous week. They will consist of true/false multiple choice. **There will be a total of seven (7) quizzes**. Each quiz is worth 10 (ten)points each (GC 1, 2, 3, 4; SC 1, 2, 3, 4).

**Final Exam:** The final exam will consist of 50 questions and will cover information presented and discussed in class. The exam questions will not be taken from the textbooks unless the information was also covered in class. The final will include true/false; fill in the blank, and multiple choice (GC 1, 2, 3, 4; SC 1, 2, 3, 4).

**C. Class Behavior**

Students are expected to maintain classroom decorum that includes respect for other students and the professor, prompt and excellent attendance, and an attitude that seeks to take full advantage of the educational opportunity. Students are to refrain from using cell phones and handheld devices during class. Playing games, browsing the internet, using email, instant messaging, or text messaging, etc. are considered unacceptable when class is in session. In addition, the student will be expected to contribute to class discussions in a positive manner which shows respect for the views of others. Failure to maintain this standard may result in a **full letter grade deduction from their overall grade.**

**D. Class Participation**

**Campus Students:** Students are expected to attend all scheduled meetings of courses for which they are registered. An. If a student begins a course and is unable to attend a class, he/she will not receive the points for that class session. In addition, students who are late **two (2)** times or more in the course will receive a **full letter grade deduction** from their overall grade in the course.

**Online Students:** The blended student is to watch the recording and answer the questions provided by his/her professor. They are to be completed and uploaded on CANVAS before the next class session. If a student fails to complete this assignment within the due date, they will not receive the points for the class session.

**IV. METHODS**

**A. Teaching**

1. Lectures by the instructor
2. Large group discussion
3. Research and writing
4. Quizzes on the lectures

**B. Grading**

1. Weight given to course assignments.

6 Journals (completed according to schedule) <i>30pts</i>	180 pts	18%
6 History of Psych Discussion Videos <i>25pts</i>	150 pts	15%
7 Quizzes on Lectures <i>10pts</i>	70 pts	7%
History of Psych System Paper	200 pts	20%
Final Exam	100 pts	10%
Class Participation <i>25pts</i>	200pts	20%

2. Letter/Numerical Grade Scale

**Grading Scale**  
 Grade Value Grade Point Value  
 Per Semester Hour

A	100-93	4.0
A-	92-90	3.7
B+	89-87	3.3
B	86-83	3.0
B-	82-80	2.7
C+	79-77	2.3
C	76-73	2.0
C-	72-70	1.7
D+	69-67	1.3
D	66-63	1.0
D-	62-60	0.7
F	59-0	0.0

**V. COURSE SUPPLEMENTAL INFORMATION**

Students are to refrain from using cell phones and handheld devices during class. Playing games, browsing the internet, using email, instant messaging, or text messaging, etc. are considered unacceptable when class is in session.

## VI. MATERIALS

### A. Bible

The Bible is a required textbook in every course at Calvary University. To facilitate academic level study, students are required to use for assignments and research an English translation or version of the Bible based on formal equivalence (*meaning that the translation is generally word-for-word from the original languages*), including any of the following: New American Standard (NASB, English Standard Version (ESV), New King James (NKJV), or King James (KJV). Other translations and versions based on dynamic equivalence (*paraphrases and thought-for-thought translations like NLT and NIV*) may be used as supplemental sources. Please ask the professor if you have questions about a particular translation or version.

### B. Required Textbooks

Tautges, P. (2016). *Counseling One Another*. Shepherd Press. ISBN: 978-1633420946. \$14.95. Kindle version available.

Smith, L (2022). *History of Psychological Systems Workbook*. Independently published. ISBN: 9798843778316. \$15.00. No kindle version available (**optional since these are the class slides for the class**).

**Note: It is your responsibility as a student at Calvary University to have your textbooks *before* class begins so that you can complete all of the readings assigned. Please make sure that you have all your assigned textbooks prior to the start of class. Failure to have your assigned textbooks at the start of the class will result in receiving a zero for every assignment that must be completed.**

C. Selected Readings, which will be passed out by the instructor.

## VII. CLASS POLICIES

### Academic Dishonesty

Plagiarism is defined as copying any content without identifying the source. This also includes taking another person's or AI entity's ideas or constructs and presenting them as your own. The use of AI generated content in student work is prohibited (even if cited) as it does not represent original work created by the student and is an unreliable aggregate of ideas from other sources. Plagiarism of any kind will not be tolerated.

### A Secondary Statement Regarding Using AI For All Reports/Projects

Artificial intelligence (AI) in academic use could be beneficial for you as the student. However, when misused it may limit your ability to think critically. As the professor *I cannot catch nor stop you in the act of using AI for your papers and research.* However, it is my expectation that you as the student will do your best by your ability and skill as a human being in the subject(s) that you desire to study. Below is the percentage threshold concerning the effort you place in your paper and the presence of AI within your paper.

0-10 percent of AI*	No points deducted from your paper/project.
11-20 percent of AI*	A third of your overall points are deducted from your paper/project.
21-30 percent of AI*	75% of your overall points will be deducted from your paper/project.
30+ Percent of AI	You will receive no points for the paper/project.

\*Keep in mind this deduction is *added* to the points that you would lose due to other things (Improper writing style, grammar, etc.).

### Writing Style

All class papers must follow the APA style according to the *Publication Manual of the American Psychological Association, 7<sup>th</sup> edition*. You can find APA resources under the **Getting Started Checklist** located in the *Introduction to Biblical Counseling Course* on Canvas.

### Late Work

Papers, projects, etc. are due at the class period assigned. Unless under an emergency or an extreme circumstance, which will be determined at the discretion of the instructor, **no late work will be accepted.**

### Disabilities Statement

Students with disabilities have the responsibility of informing the DSS Director ([dss@calvary.edu](mailto:dss@calvary.edu)) of any disabling condition that may require support.

### **Learning Center**

The Clark Academic Center ([learning@calvary.edu](mailto:learning@calvary.edu)), located in the library building, is dedicated to providing free academic assistance for all students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.

VIII. TENTATIVE CLASS SCHEDULE

Week/Date	Class Topics	Assignments
<b>Week 1</b>	Introduction to Course Overview of syllabus <b>Lecture 1:</b> A Philosophical Primer/Psychology: A Field of Study or a Worldview?	Read <i>Counseling One Another</i> (chap. 1) History of Psych System journal reading #1 <b>DUE</b>
<b>Week 2</b>	Review of last week's lecture <b>Lecture #2:</b> From the Reformation to Psychoanalytic Theory	Read <i>Counseling One Another</i> (chap. 2) History of Psych Canvas Discussion #1 <b>DUE</b> History of Psych System journal reading #2 <b>DUE</b> History of Psych Systems Quiz #1 <b>DUE</b>
<b>Week 3</b>	Review of last week's lecture <b>Lecture #3:</b> From Psychodynamic to Adlerian Therapy	Read <i>Counseling One Another</i> (chap. 3) History of Psych Discussion #2 <b>DUE</b> History of Psych System journal reading #3 <b>DUE</b> History of Psych System Quiz #2 <b>DUE</b>
<b>Week 4</b>	Review of last week's lecture <b>Lecture #4:</b> Existential Psychological Therapy	Read <i>Counseling One Another</i> (chap. 4) History of Psych System Discussion #3 <b>DUE</b> History of Psych System journal reading #3 <b>DUE</b> History of Psych System Quiz #3 <b>DUE</b>
<b>Week 5</b>	Review of last week's lecture <b>Lecture #5:</b> Person-Centered and Gestalt Therapy	Read <i>Counseling One Another</i> (chap. 5) History of Psych System Discussion #4 <b>DUE</b> History of Psych System journal reading #4 <b>DUE</b> History of Psych System Quiz #4 <b>DUE</b>
<b>Week 6</b>	Review of last week's lecture <b>Lecture #6:</b> Behavior and Cognitive Behavior Therapy	Read <i>Counseling One Another</i> (chap. 6) History of Psych System Discussion #5 <b>DUE</b> History of Psych System journal reading #5 <b>DUE</b> History of Psych System Quiz #5 <b>DUE</b>
<b>Week 7</b>	Review of last week's lecture <b>Lecture #7:</b> Reality Therapy and Feminist Therapy	Read <i>Counseling One Another</i> (chap. 7-8) History of Psych. Systems Discussion #6 <b>DUE</b> History of Psych System Quiz #6 <b>DUE</b> <b>WRITING PROJECT DUE NEXT WEEK!</b>

**Week 8**

Presentations from students  
**Lecture #8:** Post-modern Approaches  
and Reformed Counseling

Quiz #7 DUE  
**Writing project DUE**  
**Final Exam DUE**