

**Course:** CO345 N-E & LSI Marriage & Family Counseling  
**Credit:** 3 semester hours  
**Semester:** Spring 2022 (Cycle 4) (January 9<sup>th</sup>-March 3<sup>rd</sup>)  
**Time:** Wednesday (6pm-9pm)  
**Room:** East Education Building #129  
**Instructor:** Mrs. Pamela Cubas, MA MFT  
Pamela.cubas@calvary.edu

## I. DESCRIPTION

An in-depth consideration of premarital and marital counseling. Attention is given to the preparation for and the experience of family life and the possible impediments to family life within the biblical perspective. (**Prerequisite: CO244**)

*This course is offered in two formats: in-person and online. Students registered for in-person attend the classes in person, online students attend the classes via the online classroom. For both in-person and online students, assignments and interaction outside of the class period are done in the learning management system.*

## II. OBJECTIVES

### A. General competencies to be achieved. The student will:

1. Be exposed to a variety of marriage and family issues and how to counsel biblically those areas (PLO 1, 3, 4, 5).
2. Be exposed to a variety of marriage and family material useful for counseling (PLO 3, 4).
3. Prepare the student for master's level work (PLO 6).

### B. Specific competencies to be achieved. The student will:

1. Become acquainted with various tools available in helping with premarital and marital counseling (PLO 3).
2. Scripturally evaluate role definitions and how they function in our present-day society (PLO 3, 4, 5, 6).
3. Practice reviewing and analyzing marital issues through weekly case studies (PLO...)
4. Cover topics such as finances, romance, domestic violence, communication, sexuality, blended and extended families, birth control, children, and family counseling issues (PLO 3, 4, 5, 6).

*Our Mission: To prepare Christians to serve in the church and the world according to the biblical worldview.*

### III. REQUIREMENTS

#### A. Assignments

1. **Reading Journals:**

The student will write an initial **2-page journal** reflecting on how they define worldview and how one's worldview affects how they see and counsel people.

**This journal is due on the first day of class.**

2. For each assigned textbook, turn in a two-page double-spaced typewritten book response that includes the following information and heading:
- ii. Personal reflection – not just a summary; what did you learn?
  - iii. Personal application – how can you apply what you learned to your life and/or your counseling?
  - iv. Any concerns or questions regarding the read material.\

Note: include information from any additional reading, such as journal articles (1/4 page per section/additional reading). There will be a **total of 8 Journals**. Each journal will be worth 40 points (GC 1, 3; SC 2).

2. **Marriage Vignette Video Discussion Posts:**

**Note: You must have a webcam to complete this assignment.**

Student will present on the discussion board a 5-10 minute response video on CANVAS covering the following information below based on the provided weekly case study:

- a. Identify the marital problem
  - i. what are the presenting issues (stated)
  - ii. what may be some underlying issues (not stated)
- b. What are some questions you would want answered to better understand their situation? For example,
  - i. Definition of specific words used
  - ii. Emotional responses seen or heard
  - iii. Further explanations of ideas, words, or expressions
- c. Provide where you would want to begin would attempt to address the problem.
- d. Is there a scripture passage (story) that helps interpret their story?

1. The initial post video is due on Wednesday evening, by 11:59 pm (CT).
2. Responses to at least two peer's initial post is due by Saturday evening 11:59 pm (CT).

**There is a total of 6 vignette reviews.** Each discussion will be worth 50 points. (GC 1, 2, 3; SC 1, 3, 4).

**B. Final Exam:**

The student will be given a final exam. The final will be timed and will be given approximately 2 hours to complete. The final exam will consist of the following two sections:

- a. **true/false and multiple-choice questions** for a total of 100 possible points. (GC 1, 2, 3; SC 1, 2, 3).
- b. **one counseling case study response** is a total of 80 possible points. This case study response is based on the lectures and information from the video discussions and book readings. The total points for the final exam is **180 points**.

**C. Class Behavior**

Students are expected to maintain classroom decorum that includes respect for other students and the professor, prompt and excellent attendance, and an attitude that seeks to take full advantage of the educational opportunity. Students are to refrain from using cell phones and handheld devices during class. Playing games, browsing the internet, using email, instant messaging, or text messaging, etc. are considered unacceptable when class is in session. In addition, the student will be expected to contribute to class discussions in a positive manner which shows respect for the views of others. Failure to maintain this standard may result in a **full letter grade deduction from their overall grade**.

**D. Class Participation**

Class participation is required for Campus students and highly recommended for online students. Students are expected to maintain classroom decorum that includes respect for other students and the professor, prompt and excellent attendance, and an attitude that seeks to take full advantage of the educational opportunity. Students are to refrain from using cell phones and handheld devices during class. Playing games, browsing the internet, using email, instant messaging, or text messaging, etc. are considered unacceptable when class is in session. In addition, the student will be expected to contribute to class discussions in a positive manner which shows respect for the views of others. Failure to maintain this standard may result in a full letter grade deduction from their overall grade.

**IV. METHODS**

**A. Teaching**

1. Lectures by the instructor
2. Large group discussion
3. Research and writing
4. Video vignettes
5. Quizzes on the lectures

**B. Grading**

**1. Weight given to course assignments**

7 Reading Journals <i>40pts each</i>	280 pts	28%
6 Case Study Discussion Posts <i>50pts each</i>	300 pts	30%
Final Exam	180 pts	18%
Class Participation Quiz (30 pts each)	240 pts	24%
<b>Total possible points:</b>	<b>1000 pts</b>	<b>100%</b>

**2. Letter/Numerical Grade Scale**

**Grading Scale**  
 Grade Point Value  
 Per Semester Hour

A	100-93	4.0
A-	92-90	3.7
B+	89-87	3.3
B	86-83	3.0
B-	82-80	2.7
C+	79-77	2.3
C	76-73	2.0
C-	72-70	1.7
D+	69-67	1.3
D	66-63	1.0
D-	62-60	0.7
F	59-0	0.0

## VI. MATERIALS

### A. Bible

The Bible is a required textbook in every course at Calvary University. To facilitate academic level study, students are required to use for assignments and research an English translation or version of the Bible based on formal equivalence (*meaning that the translation is generally word-for-word from the original languages*), including any of the following: New American Standard (NASB), English Standard Version (ESV), New King James (NKJV), or King James (KJV). Other translations and versions based on dynamic equivalence (*paraphrases and thought-for-thought translations like NLT and NIV*) may be used as supplemental sources. Please ask the professor if you have questions about a particular translation or version.

### B. Required Textbooks

Allberry, Sam. *7 Myths About Singleness*. Wheaton, IL: Crossway, 2019. ISBN: 978-1433561528. Retail Price \$14.60. Kindle version available.

Kellemen, Robert W. *Gospel-Centered Marriage Counseling: An equipping guide for pastors and counselors*. Grand Rapids, MI: Baker Books, 2015. ISBN: 978-0801094347 Retail Price \$22.99. Kindle version available.

Kellemen, Robert W. *Gospel-Centered Family Counseling: An equipping guide for pastors and counselors*. Grand Rapids, MI: Baker Books, 2020. ISBN: 978-0801094354 Retail Price \$26.99. Kindle version available.

**Note: It is your responsibility as a student at Calvary University to have your textbooks *before* class begins so that you can complete all the readings assigned. Please make sure that you have all your assigned textbooks prior to the start of class. Failure to have your assigned textbooks at the start of the class will result in a zero in every assignment that is not completed.**

## VII. CLASS POLICIES

### Academic Dishonesty

Plagiarism is defined as copying any part of a book or paper without identifying the author. This also includes taking another person's ideas and presenting them as your own.

### Writing Style

All class papers/journals must follow the APA style according to the *Publication Manual of the American Psychological Association, 7<sup>th</sup> edition*. You can find APA resources under the *Getting Started Checklist* located in the Marriage and Family home page on Canvas.

### **Late Work**

All assignments, readings, and quizzes must be completed by the end of each week.. Unless under extreme circumstances, which will be determined at the discretion of the instructor, **no late work will be accepted.**

### **Disabilities Statement**

Students with disabilities have the responsibility of informing the Accommodations Support Coordinator ([aso@calvary.edu](mailto:aso@calvary.edu)) of any disabling condition that may require support.

### **Learning Center**

The Clark Academic Center ([learning@calvary.edu](mailto:learning@calvary.edu)) provides free academic assistance for Calvary University students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.