

Course: CO246 D & N-D Theological Foundations of Biblical Counseling
Credit: 3 credit hours
Semester: Spring 2023 (Jan. 10-Mar. 4)
Time: Tuesday & Thursday (1:00pm-2:20pm)
Room: East Education #105
Instructor: **Dr. Luther Smith.** MRS, MACP, Psy.D.
Email: luther.smith@calvary.edu

I. DESCRIPTION

This course will study the theological foundations of Biblical counseling, and how systematic theology impacts how an individual counsels. Secular humanism, and its respective systematic theology will be contrasted and examined. (**Prerequisites: CO244**)

This course is offered in two formats: in-person and online. Students registered for in-person attend the classes in person, online students attend the classes via the online classroom. For both in-person and online students, assignments and interaction outside of the class period are done in the learning management system.

II. OBJECTIVES

A. General competencies to be achieved. The student will:

1. Analyze the level of importance of a proper theological worldview, and how it influences one's counseling method and approach (PLO 1, 2).
2. Analyze the Secular humanistic worldview, and how this worldview influences one's counseling method and approach (PLO 1, 2, 4).
3. Compare and contrast Reformed and Dispensational theology in terms of biblical counseling (PLO 1, 2, 4, 5, 6).

B. Specific competencies to be achieved. The student will:

1. Articulate a proper theological view concerning biblical counseling (PLO 1, 2, 4, 5, 6).
2. Apply the knowledge to elements of Secular humanism and formulate a defense against the worldview (PLO 1).
3. Analyze areas of conflict in counseling concerning the secular humanistic worldview and how to address these conflicts (PLO 1, 2, 4).
4. Compare and contrast the differences between the "Authoritative Foundational Approach" and the "Integrative Approach" to biblical counseling (PLO 1, 2, 4).
5. Utilize knowledge to each aspect of systematic theology, and how it relates practically to biblical counseling (PLO 1, 2, 4, 5, 6).

6. Utilize knowledge to articulate clearly biblical counseling from the perspective of Reformed and Dispensational theology (PLO 1, 2, 4, 5, 6).

III. REQUIREMENTS

A. Reading Assignments

1. **Reading Journals:** (four (4) pages each) The student will write a **four (4) page Journal** following **each class** period that demonstrates a mastery of the reading assignment and class material and the student's personal reflection on what they read from the chapters in the book. The student will also need to demonstrate an ability to compare and contrast this information on their current world view. The journal format will be provided by the instructor on the first day of class. Each journal will be due according to the course schedule. There will be a **total of six (6) journals**. Each journal will be worth 30 points (GC 1, 2; SC 1, 2, 3, 4, 5, 6).
2. **Selected Reading Reflections:** (Two to three (2-3) pages each) Student will write and comment on selected supplied by the instructor in which the student will examine different counseling models and share their perspectives on each model from a Biblical worldview. **There will be a total of six (6) reflections**. Each reflection will be worth 50 points (GC 1, 2, 3; SC 1, 2, 3, 4, 5, 6).

B. Written Assignments

1. **Theological Counseling Paper** –The student will write a Theological Counseling paper in which they will examine a model of counseling and examine the theology within the counseling model. The theology in this model, and the source of authority, will then be examined to the theology found in the Bible, and student will note the similarities and differences between the theologies. The paper will be 8-10 pages in length, which does not include the cover page and the bibliography. The paper is worth 300 points (GC 1, 2; SC 1, 2, 3, 4).
2. **Theological Counseling Presentation** – The student will research a counseling model and examine the model using the Authoritative Foundational Approach. The student will give the history of the counseling model, the founder of the counseling model, the core beliefs, and the source of authority of this model. The purpose of this paper is to help the student think critically about counseling models and how to apply the Authoritative Foundational Approach. The presentation will be 10-12 slides in length and will present for 8-10 minutes. This presentation is worth 100 points (GC 1, 2; SC 1, 2, 3, 5).

- C. **Quizzes:** There will be seven quizzes to prepare for. The quizzes will cover information from the lectures from the previous week. They will consist of true/false, and Multiple choice. Each quiz is worth 10 points each (GC 1, 2; SC 1, 2, 3, 4, 5, 6).

D. Class Participation & Behavior

Students are expected to maintain classroom decorum that includes respect for other students and the professor, prompt and excellent attendance, and an attitude that seeks to take full advantage of the educational opportunity. Students are to refrain from using cell phones and handheld devices during class. Playing games, browsing the internet, using email, instant messaging, or text messaging, etc. are considered unacceptable when class is in session. In addition, the student will be expected to contribute to class discussions in a positive manner which shows respect for the views of others. Failure to maintain this standard may result in a **full letter grade deduction from their overall grade.**

IV. METHODS

A. Teaching

1. Lectures by the instructor
2. Large group discussion
3. Research and writing
4. Quizzes on the lectures

B. Grading

1. Weight given to course assignments.

6 Journals (completed according to schedule) <i>30pts each</i>	180 pts	18%
6 Selected Reading Reflections <i>50pts each</i>	300 pts	30%
7 Quizzes on Lectures <i>10pts each</i>	70 pts	7%
Theological Counseling Paper	350 pts	35%
Presentation	100 pts	10%

2. Letter/Numerical Grade Scale

Grading Scale
Grade Value Grade Point Value
Per Semester Hour

A	100-93	4.0
A-	92-90	3.7
B+	89-87	3.3
B	86-83	3.0
B-	82-80	2.7
C+	79-77	2.3
C	76-73	2.0
C-	72-70	1.7
D+	69-67	1.3
D	66-63	1.0
D-	62-60	0.7
F	59-0	0.0

V. MATERIALS

A. Bible

The Bible is a required textbook in every course at Calvary University. To facilitate academic level study, students are required to use for assignments and research an English translation or version of the Bible based on formal equivalence (*meaning that the translation is generally word-for-word from the original languages*), including any of the following: New American Standard (NASB, English Standard Version (ESV), New King James (NKJV), or King James (KJV). Other translations and versions based on dynamic equivalence (*paraphrases and thought-for-thought translations like NLT and NIV*) may be used as supplemental sources. Please ask the professor if you have questions about a particular translation or version.

B. Required Textbooks

Smith, L. 2022. *The Big Six: A Biblical and Expository Discourse Concerning The Fundamental Questions of Life*. Independently published. ISBN: 979-8441067645. \$12.00. Kindle version not available.

Smith, L. (2022). *Philosophical Foundations for Counseling Biblically Vol. 1*. Independently Published. ISBN: 0310303419. \$20.00 No kindle version available.

Smith L. (2022). *Theological Foundations for Counseling Biblically Workbook (Vol. 1)*. Independently Published. ISBN: 9798836817756. \$15.00. No kindle version **(optional as these are the class notes)**.

Note: It is your responsibility as a student at Calvary University to have your textbooks before class begins so that you can complete all the readings assigned. Please make sure that you have all your assigned textbooks prior to the start of class. Failure to have your assigned textbooks at the start of the class will result in receiving a zero for every assignment that must be completed.

C. Selected Readings, which will be passed out by the instructor.

VII. CLASS POLICIES

Attendance

Campus Students: Students are expected to attend all scheduled meetings of courses for which they are registered (as this also counts for class participation). If a student begins a course and is unable to attend a class, he/she will not receive the points allotted for this course. There are eight (8) class sessions, which correspond to the eight-week cycle. **Each class participation session is worth 25 points.**

Online Students: The online student is to watch the recording and answer the questions provided by his/her professor (as these questions count for class participation). They are to be completed and uploaded on Canvas before the next class session. If a student fails to complete this assignment within the due date, he/she will not receive the points allotted for this course. There are eight (8) class sessions, which correspond to the eight-week cycle. **Each class participation session is worth 25 points.**

Academic Dishonesty

Plagiarism is defined as copying any part of a book or paper without identifying the author. This also includes taking another person's ideas and presenting them as your own.

Writing Style

All class papers *must* follow the APA style according to the 7th edition. For questions, please consult the *Publication Manual of the American Psychological Association*, (7th ed., 2nd printing).

Late Work

Papers, projects, etc. are due at the class period assigned. Unless under extreme circumstances, which will be determined at the discretion of the instructor, **no late work will be accepted.**

Disabilities Statement

Students with disabilities have the responsibility of informing the Accommodations Support Coordinator (aso@calvary.edu) of any disabling condition that may require support.

Learning Center

The Clark Academic Center located in the library building, provides free academic assistance for all students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.

VIII. TENTATIVE CLASS SCHEDULE

Week	Class Topics	Assignments
Week 1	Introduction to Course Overview of syllabus Lecture 1: Laying the Foundation Biblical & Source of Authority	Read <i>The Big Six</i> (Acknowledgement-Chap.1) Read <i>Philo. Found.</i> (Chap. 1) Theo Found. Of Bib. Counsel journal reading #1 DUE
Week 2	Review on Quiz #1 Discussion on the reading Lecture #2: Covenant Theology & Dispensational Thought	Read <i>The Big Six</i> (Chap. 2) Read <i>Philo. Found.</i> (Chap. 2) Theo Found of Bib. Counsel Sel. Read Reflection DUE Theo Found. Of Bib. Counsel journal reading #2 DUE Theo. Found Of Bib. Counsel Quiz #1 DUE
Week 3	Review on Quiz #2 Discussion on the reading Lecture #3: Covenant, Dispensationalism & Diagnosis in Biblical Counseling	Read <i>The Big Six</i> (Chap. 3) Read <i>Philo. Found.</i> (Chap. 3) Theo Found of Bib. Counsel Sel. Read Reflection DUE Theo Found. Of Bib. Counsel journal reading #3 DUE Theo. Found of Bib. Counsel Quiz #2 DUE
Week 4	Review of Quiz #3 Discussion on the reading Lecture #4: Covenant, Dispensationalism & the Holy Spirit in Biblical Counseling	Read <i>The Big Six</i> (Chap. 4) Read <i>Philo. Found.</i> (Chaps. 4-5) Theo Found of Bib. Counsel Sel. Read Reflection DUE Theo Found. Of Bib. Counsel journal reading #4 DUE Theo. Found of Bib. Counsel Quiz #3 DUE
Week 5	Review of Quiz #4 Discussion on the reading Lecture #5: Covenant, Dispensationalism & The Law of God in Biblical Counseling	Read <i>The Big Six</i> (Chap. 5) Read <i>Philo. Found.</i> (Chaps. 6-7) Theo Found of Bib. Counsel Sel. Read Reflection DUE Theo Found. Of Bib. Counsel journal reading #5 DUE Theo. Found of Bib. Counsel Quiz #4 DUE
Week 6	Review of Quiz #5 Discussion on the reading Lecture #6: Covenant, Dispensationalism & Idolatry in Counseling	Read <i>The Big Six</i> (Chap. 6) Read <i>Philo. Found.</i> (chaps. 8-9) Theo Found of Bib. Counsel Sel. Read Reflection DUE Theo Found. Of Bib. Counsel journal reading #6 DUE Theo. Found of Bib. Counsel Quiz #5 DUE
Week 7	Review of Quiz #6 Discussion on the reading Lecture #7: Covenant, Dispensationalism and Professionalism in Biblical Counseling	Read <i>The Big Six</i> (Chap. 7) Read <i>Philo. Found.</i> (Chaps. 10-11) Theo. Found of Bib. Counsel Quiz #6 DUE WRITING PROJECT DUE NEXT WEEK!

Week 8

Theological Counseling
Presentations from students.
Postmortem of Class

Read *The Big Six* (Chap. 8-Epilogue)
Read *Philo. Found.* (chap.12)
Theological Found of Bib. Counsel Presentations **DUE**
Theo. Found of Bib. Counsel. Writing project **DUE**