

Course: PE219D Softball
Credit: 1 Semester hours
Semester: Spring 2022, Cycle 5
Time: Tuesday 1:00-2:30pm
Instructor: Tressa Shoemaker
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This is a blended class, meaning that both campus and online students take this class together. Campus students attend the classes in person, online students attend the classes via the online classroom. All interaction and assignments for campus and online students are done in the online classroom.

I. DESCRIPTION

An introductory course designed to teach the fundamentals of softball.

II. OBJECTIVES

A. General competencies to be achieved. You will:

1. Display knowledge of softball strategy and fundamentals.
(PLO: 2)
(Assignment: A and B)
2. Understand the etiquette of softball.
(PLO: 3)
(Assignment: B and C)
3. Know the importance of leisure time activities.
(PLO: 2,3)
(Assignment: C and E)
4. Understand how the fitness concepts they are challenged with in this class will impact their potential for ministry in the future.
(Program Learning Outcomes: 3 and 4)
(Assignment: B and D)
5. Develop skills essential to participate successfully in softball.
(PLO: 1,2,3,4)
(Assignment: A, B,C,E)

B. Specific competencies to be achieved. You will:

1. Know the fundamental rules and strategy of softball. (PLO: 1,2)
(Assignment: B,E)
2. Understand how to officially score a fast or slow pitch softball game.
(PLO:1,2,3,4) (Assignment: B,C,D,E)
3. Understand how to organize a tournament. (PLO:1,2) (Assignment:
B,E)
4. Appreciate the importance of good sportsmanship.(PLO3,4)
(Assignment: A,B,C)
5. Learn the correct way to hit, field, and catch. (PLO:2) (Assignment:
A,B,C,E)
6. Practice hitting, pitching, fielding, and base running.(PLO:2)
(Assignment: A,B,C,E)
7. Recognize that softball is a team sport with individuals performing
tasks to secure team goals. (PLO: 3,4) (Assignment:B,C)
8. Gain an appreciation of the skill and finesse it takes to perform the
fundamentals of throwing, catching, and hitting a softball. (PLO:2)
(Assignment: A,B,C,D,E)
9. Develop an understanding of individual offensive and defensive skills
to mesh with team play. (PLO1,2) (Assignment: A,B,C,D)

III. MATERIALS

- A. BIBLE** - The Bible is a required textbook in every course at Calvary University. To facilitate academic level study, students are required to use for assignments and research an English translation or version of the Bible based on formal equivalence (*meaning that the translation is generally word-for-word from the original languages*), including any of the following: New American Standard (NASB, English Standard Version (ESV), New King James (NKJV), or King James (KJV). Other translations and versions based on dynamic equivalence (*paraphrases, and thought-for-thought translations like NLT and NIV*) may be used as supplemental sources. Please ask the professor if you have questions about a particular translation or version.

B. Textbooks

Potter, Di. *Softball Steps to Success*. Human Kinetics 2007. ISBN-13: 9780736059534. Retail Price \$13.34

IV. REQUIREMENTS

A. Workout Log

- Student will be required to play an additional 2 games of 9 vs. 9.
- Student will list the date, time, score, and the opponents of each game in log. The student will critique his/her performance in log.

B. Daily Participation

- Students will participate in drills during each class period.
- Drills are individual and designed to help student learn each of the fundamentals of the game.

C. Game

- Students will end the semester with an actual game that includes umpires.
- This game will be a culmination of everything students have learned throughout the semester. Game will take place at a mutually agreed upon time.

D. Final Exam

- Student will end the semester with a comprehensive exam.
- Exam will include a multiple choice segment as well as a skills testing segment.
- Written segment will cover each chapter.

E. Reading Assignments

- Reading percentages will be turned in along with the study questions for each chapter.
- Student will answer the following questions after each chapter.
 - What mistakes do people make when learning how to perform the skills this chapter focuses on?
 - What are the three most important items to focus on when learning the skills this chapter focuses on?
 - Describe a drill that does a good job of teaching the skills this chapter focuses on?

Writing

1. **All class papers must follow the APA style according to the *Publication Manual of the American Psychological Association, 6th edition.***
2. The Clark Academic Center (learning@calvary.edu), located in the library building, is dedicated to providing free academic assistance for all students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.
3. Plagiarism is defined as copying any part of a book or paper without identifying the author. This also includes taking another person's ideas and presenting them as your own.

Exams

1. One exam will be administered at the end of the course to test the overall knowledge of the game.

V. METHODS

A. Reading, writing, self-evaluation, and participation

B. Assignments are due at the class period assigned. Late work will be accepted up to one week after the assignment is due.

C. Grading

1. Workout Log	80 pts.
2. Drill Sheets	165 pts.
3. Exam	100 pts.
4. Reading	80 Pts

VI. BIBLIOGRAPHY - The following are recommended for further study.

VII. TENTATIVE SCHEDULE

- Step 1. Catching and Throwing, fielding, pitching
- Step 2. Hitting, bunting, slap hitting
- Step 3. Base running, review of bunting, slap hitting
- Step 4. Defense, fielding, hitting
- Step 5. Cut offs, double plays, rundowns
- Step 6. Offense, hitting, fielding
- Step 7. Game
- Step 8. Final

VIII. Students with disabilities have the responsibility of informing the Accommodations Support Coordinator (aso@calvary.edu) of any disabling condition that may require support.