



Syllabus

15800 Calvary Road
Kansas City, MO 64147-1341

Course: CO340 LS & N Biblical Counseling of Youth
Credit: 3 Semester Hours
Semester: Spring 2022
Time: Wed. 6pm-9pm; Jan. 10-Mar. 4
Room: *Online/Livestream only*, E Ed 129
Instructor: **Mrs. Pamela Cubas, MA MFT**
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I. DESCRIPTION

This course seeks to help biblical counselors be more effective in their work with youth by addressing the specific developmental tasks and challenges (both personal and interpersonal) that youth face as part of their maturation process. The specific struggles of youth will be addressed with biblical solutions. (**Prerequisite: CO244 Introduction to Biblical Counseling**).

This is a blended class, meaning that both campus and online students take this class together. Campus students attend the classes in person, online students attend the classes via the online classroom. All interaction and assignments for campus and online students are done in the online classroom.

II. OBJECTIVES

A. General competencies to be achieved are:

1. The student will identify developmental stages of the adolescent in various areas of maturation, including: physical, cognitive, emotional, and spiritual (PLO 2, 5, 6).
2. The student will express a counseling philosophy and methodology most conducive to working effectively with adolescents (PLO 1, 3, 5).
3. The student will identify the moral and social influences on today's youth as well as the trends and pressures they face in contemporary society (PLO 1, 3, 5).
4. The student will state the role the local church must fill to be both biblically credible and practically relevant (PLO 2, 5).

Our Mission: To prepare Christians to serve in the church and the world according to the biblical worldview.

B. Specific competencies to be achieved are:

1. The student will explain a personal philosophy of youth counseling (PLO 2).
2. The student will be able to better conceptualize adolescents within their multidimensional developmental context (PLO 1, 2, 4, 5).
3. The student will research and examine modern social/moral/emotional/spiritual issues as they relate to the adolescent for the purpose of intervening within a biblically and theologically sound framework (PLO 1, 2, 4, 5).

III. REQUIREMENTS**A. Reading Assignments**

1. **Reading Journals:** (3 pages maximum). The student will write a **3 page Journal** following **each class** period that demonstrates a mastery of the reading assignment and class material and the student's personal reflection with what they read from the chapters in the book. The student will also need to demonstrate an ability to compare and contrast this information to their current world view. Each Journal will be due according to the course schedule. There will be a **total of 5 Journals**. Each journal will be worth 30 points (GC 3, 4; SC 1, 2, 3).

B. Written Assignments

1. **Counseling Youth Response Journal:** After having read *Quick Scripture Reference for Counseling Youth*, you will turn in 20 journal entries on 20 different topics of your choice (1 page minimum per entry). These entries should contain your personal response to each topic, covering aspects such as: (a) How has this issue been a part of your life? (b) What invitation is Jesus extending to you within the context of this topic? (c) If you were to grow in sanctification in this part of your life, what do you think that would potentially look like? This journal, which will be uploaded on week eight is worth 200 points (GC 2; SC 1, 2, 3).
2. **Young Adult Self-Reflection Paper:** Reflect on your own experience as an adolescent. What feelings, memories, experiences, thoughts, activities stand out to you? Read old journals or look at pictures/yearbooks if possible. Remember your priorities, social interactions, family dynamics, self-discovery, insecurities, hobbies and overall experience as an adolescent. Write 8-10 pages, excluding the cover page, including your self-reflections and how your own experience in adolescence may affect your current/future work with adolescents both positively and negatively. The Self-Reflection paper will be worth 100 points (GC 1; SC 2, 3).

3. **Young Adult Interview Paper:** Interview for at least one hour a young adult (teenager) that you have little to no involvement with (***Do not choose a youth group or location that you currently are involved with or are familiar with the participants, to give you more anonymity, objectivity and a fresh perspective***), **OR** Choose one group of teens to watch (primarily) and journal about the dynamics of their group and your observations of their social interactions, as well as individual characteristics. Paper should be a between 8-10 pages, excluding the cover page. The Young Adult Paper is worth 100 points (GC 3; SC 2, 3).

4. **Young Adult Interview Presentation:** You will present your findings concerning the adolescent(s) that you interviewed, or your observations about the young adult group dynamics to the class. You will integrate the questions that you asked, with the material that you have read in your textbooks, along with the lectures in class, and your personal reflection to give the class a perspective the adolescent is and your approach to them. The presentation should be about 5-7 slides minimum and should be about 5-10 minutes long. Students will present them on week 6, 7, and 8. The Young Adult presentation will be worth 100 points (GC 3; SC 2, 3).

5. **Philosophy of Counseling Youth Paper:** *This is not a research paper.* Students will put together their top take-away from the required reading from the course, lectures, and write how they conceptualize their future work with youth. The paper will include: How the student makes sense of the social and spiritual context of today's youth, how they would go about counseling youth, what goals they have for youth they counsel, differences working with Christian and non-Christian youth, and the settings where they see themselves working with youth. Paper should be between 8-10 pages (excluding cover page and possible reference page). The Philosophy of Counseling Youth Paper will be worth 100 points (GC 1, 2; SC 2, 3).

C. Final Exam

Students will take the final exam after the second weekend class meets. The exam will be on the material from the lectures. Final exams are open book/notes, and the exam will be timed approximately for an hour consisting of true/false, and multiple choice questions. Students will take the final exams on CANVAS on **September 6th** to take their finals. The final will be worth 100 points (GC 1, 3; SC 2, 3).

D. Class Participation and Behavior

Students are expected to maintain classroom decorum that includes respect for other students and the professor, prompt and excellent attendance, and an attitude that seeks to take full advantage of the educational opportunity. Students are to refrain from using cell phones and handheld devices during class. Playing games, browsing the internet, using email, instant messaging, or text messaging, etc. are considered unacceptable when class is in session. In addition, the student will be expected to contribute to class discussions in a positive manner which shows respect for the views of others. Failure to maintain this standard may result in a full letter grade deduction from their overall grade.

IV. METHODS

A. Teaching

1. Lectures by the instructor
2. Large group discussion
3. Research and writing
4. Exam on the lectures

B. Grading

1. Weight given to course assignments

3 Reading Response Paper <i>100pts each</i>	300 pts	30%
Counseling Youth Response Journal <i>10pts each</i>	200 pts	20%
Young Adult Self-Reflection Paper	100 pts	10%
Young Adult Interview Paper	100 pts	10%
Philosophy of Counseling Youth Paper	100 pts	10%
Presentation of Young Adult Interview Paper	100 pts	10%
Final Exam	100 pts	10%

Grading Scale

Grade Value Grade Point Value
Per Semester Hour

A	100-93	4.0
A-	92-90	3.7
B+	89-87	3.3
B	86-83	3.0
B-	82-80	2.7
C+	79-77	2.3
C	76-73	2.0
C-	72-70	1.7
D+	69-67	1.3
D	66-63	1.0
D-	62-60	0.7
F	59-0	0.0

V. COURSE SUPPLEMENTAL INFORMATION

Students are to refrain from using cell phones and handheld devices during class. Playing games, browsing the internet, using email, instant messaging, or text messaging, etc. are considered unacceptable when class is in session.

VI. MATERIALS

A. Bible

The Bible is a required textbook in every course at Calvary University. To facilitate academic level study, students are required to use for assignments and research an English translation or version of the Bible based on formal equivalence (*meaning that the translation is generally word-for-word from the original languages*), including any of the following: New American Standard (NASB, English Standard Version (ESV), New King James (NKJV), or King James (KJV). Other translations and versions based on dynamic equivalence (*paraphrases, and thought-for-thought translations like NLT and NIV*) may be used as supplemental sources. Please ask the professor if you have questions about a particular translation or version.

B. Required Textbooks

Clark, C. *Hurt 2.0: Inside the World of Today's Teenagers*. Baker Academic, 2004. ISBN# 080103941X \$11.96.

Mueller, W. *Engaging the Soul of Youth Culture: Bridging Teen Worldviews and Christian Truth*. IVP, 2006. ISBN# 0830833374 \$12.11.

Miller, P. & Miller, K. *Quick Scripture Reference for Counseling Youth*. Baker Books, 2006. ISBN# 0801066085. \$14.99.

Note: It is your responsibility as a student at Calvary University to have your textbooks *before* class begins so that you are able to complete all of the readings assigned. Please make sure that you have all of your assigned textbooks prior to the start of class. Failure to have your assigned textbooks at the start of the class will result in receiving a zero for every assignment that must be completed.

VII. CLASS POLICIES

Attendance

Students are expected to attend all scheduled meetings of courses for which they are registered. An intensive lasts for 8 weeks. **For on-campus students:** they may watch the lectures to catch up on the class they missed but this does not make up for their absence of the class. **Blended students:** They have until the time it is uploaded to that following Sunday @ 11:59:59 p.m. to watch the video lectures, answer the questions located in CANVAS, and upload them to CANVAS. Failure to do this will result in an absence from the class for that week. If a student misses more than two consecutive sessions of class (on ground & blended), he/she will be administratively withdrawn from the course and receives an AF or AP grade. In no case is the cessation of class attendance taken as intent to withdraw from a course.

Academic Dishonesty

Plagiarism is defined as copying any part of a book or paper without identifying the author. This also includes taking another person's ideas and presenting them as your own.

Writing Style

You will have the option of two writing styles: The APA style according to the *Publication Manual of the American Psychological Association*.

Late Work

Papers, projects, etc. are due at the class period assigned. Unless under extreme circumstances, which will be determined at the discretion of the instructor, **no late work will be accepted.**

Disabilities Statement

Students with disabilities have the responsibility of informing the Accommodations Support Coordinator (aso@calvary.edu) of any disabling condition that may require support.

Academic Center

The Clark Academic Center (learning@calvary.edu), located in the library building, is dedicated to providing free academic assistance for all students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.

VI. TENTATIVE COURSE SCHEDULE

Week	Class Topics	Assignments Due
Week 1	Introduction of the course Go over the syllabus Lecture: Young Adult Brain: Brain Parts, hormones and their functions (Pt. I).	Reading Journal #1 DUE <i>Engaging The Soul</i> (Chaps. 1-2) DUE <i>Hurt 2.0</i> (Chaps. 1-2) DUE Youth Adult Self-Reflection Paper DUE
Week 2	Review of the last lecture Lecture: Young Adult Brain: Brain Parts, hormones and their functions (Pt. II). Video: <i>The Teenage Brain</i> (Pt. I)	Reading Journal #2 DUE <i>Engaging The Soul</i> (Chap. 3) DUE <i>Hurt 2.0</i> (Chap. 3) DUE
Week 3	Review of last week's lecture and video. Video: <i>The Teenage Brain</i> (Pt. II) Lecture: The biology of the young adult (Pt. I)	Reading Journal #3 DUE <i>Engaging The Soul</i> (Chap. 4) DUE <i>Hurt 2.0</i> (Chap. 5) DUE Youth Adult Interview Paper DUE
Week 4	Review of last week's lecture. Lecture: The biology of the young adult (Pt. II) Young adult vignette.	Reading Journal #4 DUE <i>Engaging The Soul</i> (Chap. 5) DUE <i>Hurt 2.0</i> (Chap. 6) DUE
Week 5	Review of last week's lecture. Lecture: An examination of intelligence and young adulthood. Young Adult Intervention: Art Counseling.	Reading Journal #5 DUE <i>Engaging The Soul</i> (Chaps. 6) DUE <i>Hurt 2.0</i> (Chap. 4) DUE Philosophy of counseling Youth Paper DUE
Week 6	Youth Interview Presentations Lecture: The Sociology of the Young Adult (Pt. I).	Reading Journal #5 DUE <i>Engaging The Soul</i> (Chaps. 7-8) DUE <i>Hurt 2.0</i> (Chap.7) DUE .
Week 7	Youth Interview Presentations Video: <i>Generation Like</i> Lecture: The Sociology of the Young Adult (Pt. II).	Reading Journal #5 DUE <i>Engaging The Soul</i> (Chaps. 9-11) DUE <i>Hurt 2.0</i> (Chap. 8) DUE
Week 8	Youth Interview Presentations Young Adult vignette Young Adult activity Postmortem of the course	Reading Journal #5 DUE <i>Engaging The Soul</i> (Chap. 12) DUE <i>Hurt 2.0</i> (Chap. 9) DUE Philosophy of Counseling Youth Paper DUE Counseling Youth Response Journal DUE Final Exam DUE (Sept. 6).