



PROGRAM PLANNER - 2021

Name:
ID#:

MAJOR: **PROFESSIONAL DIRECTED STUDIES**
Kinesiology - Exercise Science
DEGREE: **BACHELOR OF SCIENCE**

TOTAL HOURS REQUIRED FOR THE DEGREE: 127

BIBLICAL EDUCATION (30 hrs)			HRS	GR	TR
Bible (18 hrs)					
BI115	Bible Study/Hermeneutics (3 hrs)				
BI121	Old Testament Survey I (3 hrs)				
BI122	Old Testament Survey II (3 hrs)				
BI130	New Testament Survey (3 hrs)				
BI343	Genesis (3 hrs)				
Choose 1:					
BI224	John OR (3 hrs)				
BI334	Romans (3 hrs)				
Theology (12 hrs)					
TH111	Evangelism/Spiritual Life (3 hrs)				
TH220	Systematic Theology I (3 hrs)				
TH221	Systematic Theology II (3 hrs)				
TH222	Systematic Theology III (3 hrs)				
HOURS COMPLETED:			0		
HOURS NEEDED:			30		

TRANSFER CREDIT FROM:		HRS
Total Transfer Hours:		0

GENERAL EDUCATION (34 hrs)			HRS	GR	TR
COMMUNICATIONS (10 hrs)					
Required:					
COM110	Written Research Practicum (1 hr)				
EN112	College Composition I (3 hrs)				
EN113	College Composition II (3 hrs)				
Communications Elective: (Choose 1)					
	(3 hrs)				
HUMANITIES (10 hrs)					
Required:					
RP100	Developing a Biblical Worldview (1 hr)				
Fine Arts: (Choose 1)					
MU110	Music Appreciation OR (3 hrs)				
TA341	Christ & Creativity (3 hrs)				
Literature: (Choose 1)					
EN201, EN212, EN213, or EN214					
	(3 hrs)				
History: (Choose 1)					
HP221	American History I OR (3 hrs)				
HP222	American History II (3 hrs)				
NATURAL SCIENCES / MATH (10 hrs)					
Required:					
MA115	College Algebra (3 hrs)				
PE2455	Growth & Motor Development (3 hrs)				UCM
Science: (Choose 5 hrs - class + lab)					
CHEM105	Chemistry w/ Health Applications (3 hrs)				
CHEM106	Chemistry w/ Health App Lab (2 hrs)				
SOCIAL / BEHAVIORAL SCIENCES (4 hrs)					
Required:					
GE100	College Life Seminar (1 hr)				
Social Sciences:					
SS223	General Psychology (3 hrs)				
HOURS COMPLETED:			0		
HOURS NEEDED:			34		

PROFESSIONAL EDUCATION (63 hrs)			HRS	GR	TR
Missions/ Ministry Core (3 hrs)					
IC111	Intro to Christian Missions (3 hrs)				
Exercise Science Focus (60 hours)					
<i>* based on program at University of Central Missouri</i>					
AT3610	Care & Prevention of Injuries (3 hrs)				UCM
BIOL3401	Human Anatomy (3 hrs)				UCM
BIOL3402	Human Physiology (5 hrs)				UCM
D&N3340	Nutrition (3 hrs)				UCM
HLTH4370	Pathophysiology (3 hrs)				UCM
KIN1101	Intro to Kinesiology (3 hrs)				UCM
KIN1206	Fitness for a Global Community (3 hrs)				UCM
KIN1800	Functional Anatomy (3 hrs)				UCM
KIN2800	Biomechanics (3 hrs)				UCM
KIN2850	Foundations of Exercise Physiology (3 hrs)				UCM
KIN2900	Essentials of Personal Training (3 hrs)				UCM
KIN3850	Assessment & Eval of Fitness/Wellness (3 hrs)				UCM
KIN4341	Physical Activity & Special Populations (3 hrs)				UCM
KIN4765	Internship (6 hrs)				UCM
KIN4860	Fitness Programming & Implementation (3 hrs)				UCM
KIN4870	Applied Exercise Physiology (3 hrs)				UCM
PHYS1104	Intro to the Sciences: Physics (4 hrs)				UCM
PHYS3030	Intro to Statistics for Psychology (3 hrs)				UCM
HOURS COMPLETED:			0		
HOURS NEEDED:			63		

TOTAL HRS COMPLETED:		0
TOTAL HRS NEEDED:		127

CM099	Christian Ministry	
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