

**Course:** CO244E & N-E Introduction To Biblical Counseling  
**Credit:** 3 credit hours  
**Semester:** Fall (Oct. 25<sup>th</sup>-Dec.17<sup>th</sup>)  
**Time:** Tuesday 6:00pm-9:00pm  
**Professor:** **Dr. Luther Smith** MRS, MACP, Psy.D  
**Email:** luther.smith.@calvary.edu

## I. DESCRIPTION

An introductory study of the definitive approach to counseling based on biblical truth and effecting biblical change. Content includes comparison of the biblical model as compared to modern philosophies, emphasis on the centrality of the gospel, and an explanation of counseling components, principles, and methods. This is a pre-requisite for all counseling courses. (Prerequisite: BI115)

*This is a blended class, meaning that both campus and online students take this class together. Campus students attend the classes in person, online students attend the classes via the online classroom. All interaction and assignments for campus and online students are done in the online classroom.*

## II. OBJECTIVES

### A. General competencies to be achieved:

1. The student will be able to distinguish how and why biblical counseling differs from all other kinds of counseling (PLO 1, 3).
2. The student will identify the basic elements necessary for a successful counseling session (PLO 3, 5).
3. The student will be able to identify what is required personally and professionally to become an effective biblical counselor (PLO 3).
4. Students will be able to list and explain Scriptures concerning the sufficiency and superiority of the Scripture for handling the personal and interpersonal problems of life (PLO 1, 4, 5).

## B. Specific competencies to be achieved:

1. The student will learn the great importance of worldview in each counseling session (PLO 1).
2. The student will identify necessary skills for gathering and analyzing data and the assign interventions and homework that results in life transformation (PLO 3, 5).
3. The student will identify how to gain involvement in the counselee's life through respect, sincerity, and compassion (PLO 4, 5).
4. The student will work through a personal problem in their own life employing Scripture and material from class (PLO 3, 5).

## III. REQUIREMENTS

### A. Reading Assignments

**Reading Journals:** (3 pages each) the student will give the main points of the chapters read and reaction/reflection on the reading. The student will also share his/her own thoughts or opinions about the subject of the material. The student will also share how this information might be used in his/her own life (or not), and why. The personal reflection section may be written in the first person. **There will be a total of seven (7) journals.** Each journal will be worth 10 points (GC 1, 4; SC 1, 3).

### B. Written Assignments

**Canvas Video Discussion:** **Note: You must have a webcam to complete this assignment.** The student will examine a Scripture each week that will be given by the instructor. Student will post a 5-10 minute video reading that verse(s), give the general context of the verse, describe if this verse is a descriptive passage or a prescriptive passage, and based on this knowledge explain how these verses can be used to counsel biblically and with what situation. Each student will post a 3–5-minute reply video to at least two of their classmates. There will be a total of seven (7) Canvas discussions. **Each will be worth 30 points** (GC 2, 3, 4; SC 1, 2).

**Video Case Study Assignment:** (1-2 pages maximum) Student will watch the case studies on CANVAS on week 4 and week 5 of class taking notes regarding the problem of the counselee, the counselor's technique, the verbal/non-verbal language of the counselee, and the process. The notes will be uploaded to CANVAS and brought to class for discussion. **Notes will be worth 50 points** (GC 1, 2, 3, 4; SC 2, 3).

**Psalms 119 Project:** Student will read Psalm 119 each week detailing some of the features of the Psalm and its importance using the consistent literal grammatical method for proper application using a worksheet

provided by the instructor. This Psalm will also be discussed in class each week. **This ongoing project will be worth 100 points (GC 4).**

### C. Quizzes

There will be seven quizzes in this course. The quizzes will cover information from the lectures from the previous week and will be taken on CANVAS. They will consist of true/false multiple choice and fill in the blank. **Each quiz is worth 10 points each (GC 2, 4).**

### D. Introduction to Biblical Counseling Final Exam

The student will be given a final exam. The final will be timed and will be given approximately 1 hour and 30 minutes to complete. The final will consist of sixty (60) true/false and multiple-choice questions based on the lectures and information from the video discussions. **The final is worth 100 points (GC 1, 2, 3; SC 1, 2, 3).**

### E. Class Behavior

Students are expected to maintain classroom decorum that includes respect for other students and the professor, prompt and excellent attendance, and an attitude that seeks to take full advantage of the educational opportunity. Students are to refrain from using cell phones and handheld devices during class. Playing games, browsing the internet, using email, instant messaging, or text messaging, etc. are considered unacceptable when class is in session. In addition, the student will be expected to contribute to class discussions in a positive manner which shows respect for the views of others. Failure to maintain this standard may result in a **full letter grade deduction from their overall grade.**

### F. Class Participation

**Campus/Livestream Students:** Students are expected to attend all scheduled meetings of courses for which they are registered (as this also counts for class participation). If a student begins a course and is unable to attend a class, he/she will not receive the points allotted for this course. There are eight (8) class sessions, which correspond to the eight-week cycle. **Each class participation session is worth 25 points.**

**Online Students:** The online student is to watch the recording and answer the questions provided by his/her professor (as these questions count for class participation). They are to be completed and uploaded on Canvas before the next class session. If a student fails to complete this assignment within the due date, he/she will not receive the points allotted for this course. There are eight (8) class

sessions, which correspond to the eight-week cycle. **Each class participation session is worth 25 points.**

#### IV. METHODS

##### A. Teaching

1. Lectures by the instructor
2. Large group discussion
3. Research and writing
4. Projects and Presentations

##### B. Grading

1. Weight given to each assignment		
Journal Summaries of reading <i>10pts</i>	70pts	7%
Intro To Bib. Counsel Final Exam	100pts	10%
Canvas Video Discussion <i>30pts</i>	210pts	21%
Video Case Study Notes <i>100pts</i>	100pts	20%
Psalm 119 Project	100pts	10%
Quizzes <i>10pts</i>	70pts	7%
Class Participation <i>25pts</i>	200pts	20%

Grading Scale: For a detailed breakdown see the grading scale in the university catalog.

#### V. MATERIALS

##### A. Bible

The Bible is a required textbook in every course at Calvary University. To facilitate academic level study, students are required to use for assignments and research an English translation or version of the Bible based on formal equivalence (*meaning that the translation is generally word-for-word from the original languages*), including any of the following: New American Standard (NASB, English Standard Version (ESV), New King James (NKJV), or King James (KJV). Other translations and versions based on dynamic equivalence (*paraphrases and thought-for-thought translations like NLT and NIV*) may be used as supplemental sources. Please ask the professor if you have questions about a particular translation or version.

##### B. Required Textbooks

Shields & Bredfeldt. 2001. *Caring for Souls: Counseling Under the Authority of Scripture*. Moody Publishers ISBN: 978-0802437419. Retail price: \$44.99. Kindle edition available.

Evans, Louis, 1982. *Covenant to Care*. Victor Books. ISBN. 0882073559 \$12.66.  
**This book will be provided in PDF form on Canvas by the instructor.**

**Note: It is your responsibility as a student at Calvary University to have your textbooks *before* class begins so that you are able to complete all of the readings assigned. Please make sure that you have all of your assigned textbooks prior to the start of class. Failure to have your assigned textbooks at the start of the class will result in receiving a zero for every assignment that must be completed.**

C. Selected Readings, which will be passed out by the instructor.

## VI. CLASS POLICIES

### Attendance

**Campus Students:** Students are expected to attend all scheduled meetings of courses for which they are registered (as this also counts for class participation). If a student begins a course and is unable to attend a class, he/she will not receive the points allotted for this course. **There are eight (8) class sessions, which correspond to the eight-week cycle. Each class participation session is worth 25 points.**

**Online Students:** The online student is to watch the recording and answer the questions provided by his/her professor (as this counts for class participation). They are to be completed and uploaded on Canvas before the next class session. If a student fails to complete this assignment within the due date, he/she will not receive the points allotted for this course. **There are eight (8) class sessions, which correspond to the eight-week cycle. Each class participation session is worth 25 points.**

### Academic Dishonesty

Plagiarism is defined as copying any part of a book or paper without identifying the author. This also includes taking another person's ideas and presenting them as your own.

### Writing Style

All class papers must follow the APA style according to the *Publication Manual of the American Psychological Association, 7<sup>th</sup> edition*. You can find APA resources under the Getting Started Checklist located in the Introduction To Biblical Counseling Course on Canvas.

### Late Work

Papers, projects, etc. are due at the class period assigned. Unless under extreme circumstances, which will be determined at the discretion of the instructor. **No late work will be accepted.**

### Disabilities Statement

Students with disabilities have the responsibility of informing the Accommodations Support Coordinator ([aso@calvary.edu](mailto:aso@calvary.edu)) of any disabling condition that may require support.

### Learning Center

The Clark Academic Center located in the library building is dedicated to providing free academic assistance for all students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.

**VII. TENTATIVE CLASS SCHEDULE**

<b>Week/Date</b>	<b>Lecture</b>	<b>Assignments</b>
<b>Week One</b>	<b>Lecture One:</b> Introduction To Biblical Counseling (Pt. I).	Read Counseling For Souls (chap.1) <b>DUE</b> Read Covenant To Care (chap. 1) <b>DUE</b> CO244 Intro to Bib. Counsel. journal reading #1 <b>DUE</b>
<b>Week Two</b>	<b>Lecture Two:</b> Introduction To Biblical Counseling (Pt. 2).	Read Caring For Souls (chap. 2) <b>DUE</b> Read Covenant To Care (Chaps.2 & 3) <b>DUE</b> CO244 Intro to Bib. Counsel. journal reading #2 <b>DUE</b> CO244 Intro To Bib. Counsel. Canvas Class Discussion #1 <b>DUE</b> CO244 Intro to Bib. Counseling Quiz #1 <b>DUE</b>
<b>Week Three</b>	<b>Lecture Three:</b> Counseling and The Importance of The Discipline.	Read Caring For Souls (Chap. 3) <b>DUE</b> Read Covenant To Care (chap. 4) <b>DUE</b> CO244 Intro to Bib. Counsel. journal reading #3 <b>DUE</b> CO244 Intro to Bib. Counsel. Canvas Class Discussion #2 <b>DUE</b> CO244 Intro to Bib. Counsel. Quiz #2 <b>DUE</b>
<b>Week Four</b>	<b>Lecture Four:</b> The Attributes of God and Biblical Counseling.	Read Caring For Souls (Chap. 9) <b>DUE</b> Read Covenant To Care (Chaps. 5 & 6) <b>DUE</b> CO244 Intro to Bib. Counsel. journal reading #4 <b>DUE</b> CO244 Intro to Bib. Counsel. Canvas Class Discussion #3 <b>DUE</b> CO244 Intro to Bib. Counsel. Quiz #3 <b>DUE</b>
<b>Week Five</b>	<b>Lecture Five:</b> The Gospel and Biblical Counseling	Read Caring For Souls (Chaps. 10 & 11) <b>DUE</b> Read Covenant To Care (Chaps. 7 & 8) <b>DUE</b> CO244 Intro to Bib. Counsel. journal reading #5 <b>DUE</b> CO244 Intro to Bib. Counsel. Canvas Class Discussion #4 <b>DUE</b> CO244 Intro to Bib. Counsel. Quiz #4 <b>DUE</b>
<b>Week Six</b>	<b>Lecture Six:</b> New Life Romans 6-8.	Read Caring For Souls (chaps. 12 & 13) <b>DUE</b> Read Covenant To Care (chap. 9) <b>DUE</b> CO244 Intro to Bib. Counsel. journal reading #6 <b>DUE</b> CO244 Intro to Bib. Counsel. Case Study Assign #1 <b>DUE</b> CO244 Intro to Bib. Counsel. Canvas Class Discussion #5 <b>DUE</b> CO244 Intro to Bib. Counsel. Quiz #5 <b>DUE</b>
<b>Week Seven</b>	<b>Lecture Seven:</b> Grieving, Loss, and Biblical Counseling	Read Counseling One Another (chaps. 14 & 15) <b>DUE</b> Read Covenant To Care (Chap. 10) <b>DUE</b> CO244 Intro to Bib. Counsel. Canvas Class Discussions #6 <b>DUE</b> CO244 Intro to Bib. Counsel. Case study assignment #2 <b>DUE</b> CO244 Intro to Bib. Counsel. Quiz #6 <b>DUE</b>
<b>Week Eight</b>	<b>Lecture Eight:</b> Confrontation and Biblical Counseling	Read Caring For Souls (Chaps. 15 & 16) <b>DUE</b> Read Covenant To Care (chaps. 11 & 12) <b>DUE</b> CO244 Intro to Bib. Counsel. journal reading #8 <b>DUE</b> CO244 Intro to Bib. Counsel. Quiz #7 <b>DUE</b> CO244 Intro to Bib. Counsel Final Exam <b>DUE</b> Psalm 119 Project <b>DUE</b>