



15800 Calvary Road
Kansas City, MO 64147-1341

Syllabus

Course: CO611M Theories & Methods of Group Counseling
Credit: 3 Credit Hours
Semester: FA-20, Cycle 3
Time: Thursday (1pm - 8 pm), Friday (8am – 5pm), Saturday (8am – 4pm)
Instructor: Doug Geiger, MA, LPC, NCC (douglas.geiger@calvary.edu)

I. DESCRIPTION

This course will examine group purpose, membership, stages and process; including the leader's role and leadership competencies. Emphasis is placed on small-group experience and its application both professionally and in a local church context. (Prerequisite: CO601 and CO610)

II. OBJECTIVES

Upon successful completion of the course, students will be able to:

- A. Develop a biblical and theological understanding of group counseling. (PLO 1, 2, 3, 4, 5)
- B. Students will learn the principles of group dynamics including the developmental stages of group theories, a group member's role and identifying behaviors. (PLO 1, 3, 4, 5)
- C. Students will understand theories of group counseling including the historical development of group counseling and professional standards. (PLO 1, 2, 3, 5)
- D. Students will learn to identify each function of a group's members including leadership, co-leadership and group members. (PLO 1, 2, 3, 5)
- E. Students will learn to identify group functions and the characteristics of various stages within a group. Students will learn the skills needed to create, administer, lead, and end group counseling sessions and programs. (PLO 1, 3, 5)
- F. Students will understand the different models of group development and the dynamics of each stage of groups. (PLO 1, 2, 3, 5)
- G. Students will understand the ACA Ethics required to run a group and the importance of adhering to these ethics. (PLO 1, 3, 5)

- H. Students will gain the experience of participating in or leading a counseling group or ministry. (PLO 1, 2, 3, 4, 5)

III. REQUIREMENTS

A. Class Attendance and Participation (50 points) (Obj. A, B, C, D, E, F, G, H)

Students are expected to attend class lectures as scheduled as well as engage in discussion of presented topics. Personal involvement during class time is an essential element of active learning, and students will be graded accordingly.

B. Group Participation and Paper (50 points) (Obj. A, B, C, D, E, F, G, H)

Students will participate in classroom group counseling and write a two (2) page paper regarding their observations of the group in class.

- a. Overall observations of the group.
- b. How the lectures and readings of the class related to how they experienced the group.
- c. What role did the student play in the functioning of the group.

Papers will be due the following week.

C. Group Observation Paper (50 points) (Obj. A, B, C, D, E, F, G, H)

Students will be expected to observe at least two self-help group sessions within their community (group must be approved by instructor) and provide a four (4) page paper regarding their reactions, and a summary of the sessions they attended. Details of the requirements of the paper will be provided in class.

C. Reading Assignment and Final Exam (100 points) (Obj. A, B, C, D, E, F, G, H)

Read *Groups: Process and Practice* by the start of class. Final exam will be given upon completion of the class.

D. Written Assignment (100 points) (Obj. A, B, C, D, E, F, G, H)

Write a 6-page reaction paper on *Helping Groups Heal* by Hook, Hook, and Davis. Include summary of the book, greatest strengths and weaknesses, of the book's model based on a biblical and theological perspective.

E. Quizzes (100 points) (Obj. A, B, C, D, E, F, G, H)

There will be quizzes given during class which will be over the assigned reading *Groups: Process and Practice* and *Helping Groups Heal*.

F. Group Development Project (100 points) (Obj. A, B, C, D, E, F, G, H)

Students will create and develop a group with the potential of applying it to their internship site. The project will ask students to think through and articulate all the necessary elements in preparing to run their own group.

IV. MATERIALS**A. Required Textbooks:**

The Bible is a required textbook in every course at Calvary University. To facilitate academic level study, students are required to use for assignments and research an English translation or version of the Bible based on formal equivalence (*meaning that the translation is generally word-for-word from the original languages*), including any of the following: New American Standard (NASB, English Standard Version (ESV), New King James (NKJV), or King James (KJV). Other translations and versions based on dynamic equivalence (*paraphrases, and thought-for-thought translations like NLT and NIV*) may be used as supplemental sources. Please ask the professor if you have questions about a particular translation or version.

Schneider-Corey, Marianne, Corey, Gerald, Corey, Cindy. 2017. *Groups: Process and Practice*. Belmont, CA: Brooks/Cole, Cengage Learning. ISBN-13: 978-1305865709 ISBN-10: 1305865707. (Retail \$117.31)

Hook, Jan Paul, Joshua Hook, & Don Davis. *Helping Groups Heal: Leading Groups in the Process of Transformation (Spirituality and Mental Health)*. Templeton Press, 2017. 296 pages. ISBN: 1599474859 (\$19.12)

IV. METHODS

A. The group counseling course will consist of counseling, observing, and hands-on practical experience.

B. Grading

Class Attendance and Participation	50 points
Group Participation and Journal	50 points
Group Observation Paper	50 points
Reading Assignment and Final Exam	100 points
Written Assignment	100 points
Quizzes	100 points
Group Development Project	<u>100 points</u>
Total	= 550 points

Grading Scale:

A	= 511 – 550
A-	= 495 – 506
B+	= 473 – 494
B	= 456 – 472
B-	= 440 – 455
C+	= 418 – 439
C	= 401 – 417
C-	= 385 - 400

Academic Dishonesty

Plagiarism is defined as copying any part of a book or paper without identifying the author. This also includes taking another person's ideas and presenting them as your own.

Writing Style

All class papers must follow the APA 6th edition.

Late Work

Papers, projects, etc. are due at the class period assigned. Late work will be accepted up to 1 week after the assignment is due. HOWEVER, there is a 1 letter grade reduction for each day the work is late. No late work will be accepted after 1 week.

Disabilities Statement

Students with disabilities have the responsibility of informing the DSS Director (dss@calvary.edu) of any disabling condition that may require support.

Learning Center

The Clark Academic Center (learning@calvary.edu), located in the library building, is dedicated to providing free academic assistance for all students. Student tutors aid with all facets of the writing process, tutor in various subject areas, prepare students for exams and facilitate tests. Please take advantage of this service.