

Certificate of Nouthetic Studies in Biblical Counseling

The Certificate of Nouthetic Studies in Biblical Counseling is designed to meet the needs of pastors, teachers, group leaders, and others seeking structured and systematic validation of their ability to apply God's Word in a counseling setting. This program is both cost- and time- effective, accommodating tight budgets and busy schedules, but with no short cuts in the training.

The program is completed in conjunction with the process of biblical certification that will support the sufficiency of Scripture in counseling biblically. This will lead to confidence of the counselee and accountability of the counselor, as well as promoting excellence in counseling from a purely historic biblical counseling model alone.

The one-year track (for Biblical Certification) or sixteen-week track (for the Self-Counseling, Advocate Training, or Coaching

certificate) combine the following elements:

- Classroom Sessions - 2 eight-week modules that meet Saturday mornings from 9:00 a.m. to 11:00 a.m.
- Internship Practicums (Module 103) - addressing counseling ministry development and administration (for any track)
- Ministry Projects - coaching and mentoring for written theology, counseling, or practice exams leading to certification (staff assisted)
- Supervised Counseling - 10 hours of observation and 50 sessions of supervised and mentored counseling by experienced and certified biblical instructors (as approved by certifying agency and the CTS department head)

For more information, email counseling@calvary.edu, call 816.322.7616, or visit calvary.edu/counseling. This class is also available in an online format; for information on that see calvary.edu/counseling/online-training.

Certificate of Nouthetic Studies in Biblical Counseling - SP17

Module 101 - Fundamentals of Historic Biblical Counseling

Week:	Date:	Class:
Wk-1	(01/07/17)	Introduction & Philosophy of Counseling Models (Application and introduction to the certifying agency)
Wk-2	(01/14/17)	The Fundamentals of Biblical Counseling Part 1 <i>Theological Anthropology & Integration</i>
Wk-3	(01/21/17)	The Fundamentals of Biblical Counseling Part 2 <i>Pre-counseling Theology & Evangelism</i>
Wk-4	(01/28/17)	The Fundamentals of Biblical Counseling Part 3 <i>Practical Theology & Interpreting Scripture</i>
Wk-5	(02/04/17)	Motivation/Habitation: Idols of the Heart
Wk-6	(02/11/17)	The Doctrine of Forgiveness and Practical Theology
Wk-7	(02/18/17)	The Art of Self-talk and Biblical Thinking
Wk-8	(02/25/17)	Homework and the Power of Change

Ministry Project Due: (*Rough draft of certification exams completed*)

Module 102 - Counseling Case Studies and Issues

Week:	Date:	Class:
Wk-1	(03/04/17)	Introduction to Counseling Issues: The Bible vs. the DSM
Wk-2	(03/11/17)	Case Studies & Issues: Dealing with Self
Wk-3	(03/18/17)	Case Studies & Issues: Anger, Bitterness, & Forgiveness
Wk-4	(03/25/17)	Case Studies & Issues: Depression & Grief
Wk-5	(04/01/17)	Case Studies & Issues: Anxiety & Worry
Wk-6	(04/08/17)	Case Studies & Issues: Addictions & Life Dominating Sins
Wk-7	(04/22/17)	Case Studies & Issues: Family (Marriage/Divorce and Parenting)
Wk-8	(04/29/17)	Case Studies & Issues: Conflict Resolution & Communication

Ministry Project Due: (*Final product: certification exams completed for submission*)



Program Costs (for on-campus class):

- Agency certification application costs per their website instructions (under \$100)
- One-time class registration fee = \$25
- 8-week module training = \$250 per module (101 & 102)
- Internship practicum/training = \$100
- 50-session counseling supervision/mentorship = \$300-\$500 (per certifying agency requirements)
- Service Organization Liability Insurance = \$25-\$125 annually (during approved internship process at Calvary and paid directly by the student)

Discounts: (on-campus class only)

- \$400 per class module for married couples (\$100 savings)
- 25% discount for Calvary alumni (Saturday class only)
- 50% discount for actively enrolled Calvary students (Saturday class only)
- Only one discount per paid applicant

Module 103 – EXAM class: 3 hour - intensive (\$125.00)

- 1) This intensive class provides the structure and planning to complete the rigors of the counseling exams and theology exams required for counseling supervision (Module 104) that leads to certification.
- 2) The student will be provided the hard copy of each exam (counseling and theology) that will facilitate the completion of the exams in a timely manner. The student will receive properly formatted examples, outline instructions, resource guides and recommendations, and a PowerPoint presentation on the details and philosophy of what the certifying agency expects.
- 3) Each student will be well on their way to completing their exam requirements and will be encouraged by the advancement within this important step to certification.
- 4) The last hour of the class is the Writing Lab. Each student will be working on their exams per the instructions with supervision and oversight by Dr. Hager.
- 5) Time and date for this class is TBA.

Module 104 – SUPERVISION class: 3-hour intensive (\$340.00)

- 1) First hour: Office training, internship expectations, administration, development, and consultation skills. The student will be trained to answer crisis calls, set appointments, provide necessary forms, and will learn the legal issues of file confidentiality and security. The student will be provided with a basic packet of counseling forms and homework files to use in their own ministry.
- 2) Counseling preparation. The student will observe role playing skills and learn the important art of conducting the first three counseling sessions in the counseling relationship. The supervision policies and the students 50 session counseling responsibility will be discussed and planned. A supervision contract will be offered at the completion of this module.
- 3) A counseling observation session will be scheduled with Calvary's counseling center and a counseling observation *planning guide* will also be provided.
- 4) Upon completing this one day module, the student's counseling supervision fees are prepaid for the mandatory counseling supervision of (50 sessions) that leads to certification.
- 5) Time and Date for this class is TBA

Note: Attending any of Calvary's biblical counseling modules does not preclude the student from being responsible for online agency fees (IABC) that are required for certification (IABC.net). The certifying agency is IABC (International Association of Biblical Counselors – Denver, Colorado) and the certified training supervisor is Dr. Mark Hager.

Location: Certificate program classes held on the campus of Calvary University, 15800 Calvary Road, Kansas City, Missouri, are in the Seminary building.



Biblical counseling certifying agencies provide accountability, advocacy, certification, and training associations committed to the sufficiency of Scripture as a counseling model. As such, they promote excellence in nouthetic (Biblical) counseling. The Biblical Koine Greek word *nouthesia* is used primarily for the type of counseling described in the New Testament, and reflects the usual counseling methodology found throughout the Bible. These agencies accept the Bible as the only infallible source of truth and guidance by which anyone may be directed toward the highest and most ennobling life possible. We believe God's Way is found in God's Word ~ *Dei Via, Dei Verbum*.

Meet the Director



Dr. Mark Hager is an ordained pastor and has been involved in local church ministry and counseling for over fifteen years. He serves at Calvary University as the Program Director for Biblical Counseling in the Seminary, and the Director of Calvary's Biblical Counseling Center. His passion is for people to experience the power and grace of Christ in such a deep and personal way that it can't help but impact their daily life.

Dr. Hager is a veteran of the United States Air Force (Vietnam era) and a former decorated police officer, having served in the Miami and St. Louis areas for seventeen years. Mark and his wife Cindy came to faith in Christ in 1990 through their exposure to biblical counseling. They have been involved in counseling ever since.

Dr. Hager holds a BA and MDiv in pastoral ministry and a doctorate in practical theology. He is completing his dissertation for the PhD in Biblical Counseling from Trinity Theological Seminary. The focus of his work is the use of biblical counseling in evangelism. He also holds several counseling certifications and is a conference speaker and workshop teacher for several biblical counseling organizations.