

IMPORTANT Immunization Information for You

- **Required Immunizations for Calvary Bible College Students**

- *DTP or Td/Tdap (Tetanus, Diphtheria, Pertussis) and MMR (Measles, Mumps, and Rubella)*
 - Each student should have been notified of this requirement after acceptance to Calvary Bible College and should have taken care of the paperwork for this during the Registration process or when filling out the other healthcare information.

- **Immunizations Calvary Bible College Encourages You to Get**

Please carefully read the following information regarding immunizations that are recommended for people in your age group.

- Specific for those living in dorms
 - *Meningococcal (Meningitis):* As a young adult living in crowded conditions in the dorm, you are much more at risk for meningococcal. Some symptoms include: high fever, severe headache, vomiting or nausea, stiff neck, sensitivity to light, drowsiness, skin rash, confusion, seizures, and clouding or loss of consciousness. Help prevent it by: eating a well-balanced diet, being physically active, getting plenty of sleep, washing your hands often and thoroughly with soap and water, not sharing food, silverware, dishes, cosmetics, or towels.
 - *Influenza:* Once again, because you live in a school setting and because anyone who is exposed to this virus can be infected, you are much more at risk for contracting influenza. Some symptoms include: fever, body aches, muscle pain, headaches, pain associated with eye movement, fatigue, and loss of appetite. Experts agree that the best way to prevent influenza is to receive the immunization.
 - *Hepatitis B:* This is a virus that you would most likely contract through sexual activity, receiving piercings or tattoos from a non-sterile location, or handling blood or body fluids. Some symptoms include: jaundice, extreme fatigue, mild fever, headache, loss of appetite, nausea, vomiting, constant discomfort in the area where the liver is located, diarrhea or constipation, muscle aches, joint pain, and skin rash. Help prevent it by: practicing abstinence, not sharing toothbrushes or razors, and wearing gloves whenever coming in contact with blood or bodily fluid.
- Others:
 - *Varicella (Chicken Pox)*
 - *Pneumococcal (Pneumonia)*
 - *Human Papillomavirus (HPV - Herpes Virus)*
 - *Hepatitis A*